

## **Reflection Questions**

How do you feel about using assessments with your ideal clients?
• Which assessment(s) are you most drawn to?
• What advantages might you gain if you were to use the above assessment(s) in your coaching toolkit?
• How might <i>your</i> clients in particular benefit from an assessment? Which one?
What requirements exist to ensure you effectively deliver and debrief your chosen assessments?
What additional assessments have you heard of and/or might be considering beyond this list?
• What questions do you have?